

→  
A ONE STOP  
SHOP WITH  
EVERYTHING  
YOU NEED!

# ORGANIC GARAGE

HEALTHY FOOD **FOR LESS!** ← WE MEAN IT!

## THE **UNFLYER**

organicgarage.com

IT'S LIKE A FLYER,  
**BUT IT'S NOT!**

ORGANIC GARAGE IS A GROCERY STORE UNLIKE ANY YOU'VE EVER BEEN TO.

WE PUT THE 'UN' IN UNCONVENTIONAL! SEE FOR YOURSELF.

FLIP THROUGH THE PAGES OF OUR UNFLYER. YOU WON'T FIND ANY

 CORPORATE BS, FANCY MARKETING TERMS OR GLOSSY PICTURES.

JUST A BUNCH OF AMAZING BRANDS AT **AMAZING PRICES.**



06/07 - 06/21

**DOUBLE  YOUR SAVINGS!**

THAT'S A GOOD DEAL! →

**EVERY OTHER WEDNESDAY**, specials from the previous flyer remain in effect. That means there are over **100** brands on sale!

# 7 REASONS WHY ORGANIC GARAGE

is different

AND BETTER! :)

1. We give our customers 'HEALTHY FOOD FOR LESS!' That means you can STOP getting ripped off and SAVE by shopping at Organic Garage.

2. OUR STORES ARE DIFFERENT. We definitely don't feel like a conventional grocery or health food store and we're not supposed to. ← THAT'S A GOOD THING!

3. We carry UNIQUE BRANDS that are difficult to find.



4. WE ARE A ONE-STOP SHOP. We carry every category and department you'll find at a conventional grocery or health food store.

5. WE PARTNER WITH BRANDS that share the values/ahes and commitment to natural goodness that we do. We call them our Hand-Picked Partners. You can find their products in-store.

6. We carry 100% CERTIFIED ORGANIC Produce. No exceptions!

7. WE'RE CANADIAN. Not just Canadian, but local and independent.

We live and shop in the same neighbourhood our stores are in.



## \$AVE by shopping @ ORGANIC GARAGE

**WE'RE CHEAPER THAN A CONVENTIONAL GROCERY OR HEALTH FOOD STORE.** See for yourself. Shop our store and grab the items you need. Compare our total cost to the other guys total cost\*. See, it's easy to \$ave when you shop @ ORGANIC GARAGE.

and we mean it! ↗

**\*FIND A LOWER ↓ PRICE IN THE LATEST COMPETITOR'S FLYER THAT IS ALSO FEATURED**  
I wouldn't hold ↗ your breath IN OUR LATEST FLYER. (Bring us their printed flyer)

**SHOW IT TO US, AND WE'LL MATCH IT\*.** ↗

\*Certain restrictions apply

## HAND-PICKED PARTNER



LOOK FOR THIS LOGO  
THROUGHOUT THE  
FLYER TO FIND ONE  
OF OUR HAND-PICKED  
PARTNERS!

At OG, we are always looking for companies that share the same values and commitment to natural goodness that we do. When we find a product we like (and we think our customers will like), we give them space in our stores. Our Hand-Picked Partners provide the product, people and passion, so our customers can experience their brand as it was meant to be.

WHY WOULD YOU  
SHOP ANYWHERE ELSE?

# 100% CERTIFIED ORGANIC PRODUCE FOR LESS

OUR STORES ONLY SELL 100% CERTIFIED ORGANIC PRODUCE. THAT MEANS NO CONVENTIONAL PRODUCE (WHO WANTS ALL THAT CHEMICAL JUNK ANYWAYS).

NOT ONLY IS OUR PRODUCE → ALL ORGANIC, WE CARRY A HUGE VARIETY,



INCLUDING HARD TO FIND FRUITS

AND VEGETABLES. STUFF YOU SIMPLY CAN'T GET AT A CONVENTIONAL GROCERY OR HEALTH FOOD STORE.



## PRODUCT OF USA BROCCOLI



High in fibre and an excellent source of nutrients like vitamin K and vitamin C.

**\$2<sup>97</sup>**  
each



## PRODUCT OF USA YELLOW PEACHES



Sweet, juicy and nutritious fruit that make a great summertime snack!

**\$3<sup>97</sup>/lb**  
\$8.75/kg



# SALADS



HUNGRY? (WHO ISN'T). ON THE RUN? (ALWAYS). NEED TO GRAB A QUICK SNACK OR LUNCH? (WHY NOT). CHECK OUT OUR GRAB AND GO SECTION. FROM SALADS TO WRAPS TO SAMOSAS WE HAVE SOMETHING TO SATISFY WHATEVER YOU ARE CRAVING.

## THE GOOD DRINK BOTTLED TEA OR SPRITZERS



Made with simple, healthy, better-for-you ingredients.

Selected 355ml - 473ml

**\$1<sup>47</sup>-\$2<sup>47</sup>**  
each



## LOOP COLD PRESSED JUICE



Perfectly imperfect fruits and veggies are carefully washed and blended to make these delicious juices! Selected 355ml

**\$4<sup>47</sup>**  
each

SELF SERVICE

**GRAB & GO**

SELF SERVICE

## HAND-PICKED PARTNER



Get your daily dose of something good! Our Hand-Picked Partner Village Juicery makes fresh, organic, plant-based beverages, meals, and cleanses. Their products pack a punch and are created to help you look and feel your best. Bonus: their products never contain any nasty ingredients or preservatives.

YOU CAN FIND THEM IN THE  
SALAD BAR AREA



## VILLAGE JUICERY ZESTY TACO

Delicious Taco Salad with crunchy tortilla topper and a zesty lime dressing.

Selected 425g

**\$12<sup>97</sup>**  
each



# THE DAIRY CASE

FROM ALMOND MILK TO YOGURT  
AND EVERYTHING IN-BETWEEN...

IT'S GOOD FOR YOU AND  
GOOD FOR YOUR BUDGET

THIS IS 'UDDER' MADNESS! :)

## ORGANIC MEADOW LIGHTLY SALTED BUTTER

Made with fresh Organic cream from grass-fed cows and lightly salted.

Selected 250g

**\$8<sup>97</sup>**  
each

## WOOLWICH GOAT CHEESE

Traditional methods to craft simple goat goodness. Real people making really good goat dairy.

Selected 200g

**\$7<sup>97</sup>**  
each

## HARMONY ORGANIC MILK



Milk with a farm fresh taste, in environmentally friendly glass bottles to be returned and refilled.

Selected 1L

**\$3<sup>97</sup>**  
each

## CALIFIA PLANT-BASED MILKS OR CREAMERS



Made with low-to-no sugar added and real ingredients, in a variety of flavours. Dairy Free.

Selected 750ml - 1.4L

**\$4<sup>97</sup>**  
each

## HAND-PICKED PARTNER



YOU CAN FIND THEM IN THE  
DAIRY SECTION

Did someone say cheese?  
Our Hand-Picked Partner Cheese Boutique is an icon in the cheese industry. They definitely know their stuff (been around for 47 years), and offer a wide variety of cheese and complimentary cheese products. Check them out, they've got something to suit every one's taste.

Available at our Bathurst, Junction and Liberty Village stores only.

## CHEESE BOUTIQUE MEDIUM CHEDDAR



A youthful, mild, versatile cheddar that is great for snacking and cooking.

**Save \$1<sup>00</sup>**  
each



## HAND-PICKED PARTNER



YOU CAN FIND THEM IN THE  
BAKERY SECTION

### TORI'S BAKESHOP VANILLA & CHOCOLATE CUPCAKES



When you cannot  
decide which one,  
get both!

Selected 270g

**\$7<sup>97</sup>**  
each

Everyone always has room for something sweet!  
Not only does our Hand-Picked Partner Tori's  
Bakeshop create amazing and delicious baked goods,  
they're Toronto's first plant-based cafe and every-  
thing they make is natural and organic.  
Tori's products are available in-store  
Friday, Saturday and Sunday  
(while supplies last). Now that's sweet!

# BAKERY

YOU'LL NOTICE ONE THING ABOUT OUR BAKERY. WE HAVE A HUGE  
VARIETY OF STUFF - BREADS, BUNS, BAGELS, PITAS AND WRAPS...  
YOU NAME IT, WE GOT IT.

### SILVERHILLS BAKERY BUNS

Certified Organic  
sprouted whole grain  
buns. Certified Vegan.  
Glyphosate Free. Peanut  
and Tree Nut Free.

Selected 330g - 390g

**\$4<sup>97</sup>**  
each

### LITTLE NORTHERN BAKEHOUSE BREADS



Gluten Free, Vegan bread  
that is light in texture  
and tastes like traditional  
bread. Made with Non GMO  
ingredients.

Selected 400g - 567g

**\$5<sup>97</sup>**  
each

# BULK

it up!

↑ Another great way to save money ↑

ORGANIC GARAGE IS COMMITTED TO ZERO WASTE. THAT'S WHY OUR BULK OFFERING IS SO  
BIG! CHECK AROUND THE STORE AND YOU CAN FIND BULK CANDY, NUTS, DRY FOODS,  
GRAINS, SPICES, TEAS, OLIVE OIL, HOUSEHOLD CLEANERS AND MORE! WE EVEN HAVE A  
REVERSE OSMOSIS WATER STATION. YOU WON'T FIND THAT AT YOUR CONVENTIONAL  
GROCERY OR HEALTH FOOD STORE! ← THAT'S A GOOD THING

### CERTIFIED ORGANIC RAW CASHEWS



Raw cashews are not  
roasted. Use raw cashews  
for snacking, cooking,  
baking, or topping foods,  
such as cereal, granola,  
yogurt, salads, and more.

**\$7<sup>97</sup>/lb**  
\$17.57/kg



### CERTIFIED ORGANIC FRUITY JUNGLE MIX

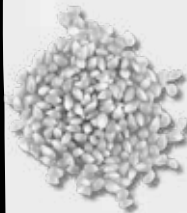


Gluten Free and made of  
chewy confections shaped  
after jungle characters and  
fruit-flavoured. The mix  
contains various flavours:  
orange, apple, lemon and  
black currant.

**\$12<sup>97</sup>/lb**  
\$28.59/kg



### CERTIFIED ORGANIC POPCORN



Light, airy, and crunchy  
once popped, it goes well  
with a variety of sweet and  
salty gourmet seasonings.  
It is ideal to add to snack  
and dessert platters

**\$3<sup>47</sup>/lb**  
\$7.65/kg



### CERTIFIED ORGANIC BANANA CHIPS



Top your morning cereal,  
oatmeal, pancakes, and  
waffles with banana chips  
for added crunch - and don't  
forget your baked goods!

**\$3<sup>97</sup>/lb**  
\$8.75/kg



# THE BUTCHER BLOCK

WE CARRY A HUGE SELECTION  
OF PRE-PACKAGED AND READY TO GO,  
HORMONE FREE, ANTIBIOTIC FREE, GRASS FED  
OR CERTIFIED ORGANIC MEAT, SEAFOOD AND  
FISH IN BOTH **FRESH AND FROZEN!**  
IT'S WHAT MAKES OUR MEAT ANYTHING  
BUT CONVENTIONAL!



## YORKSHIRE VALLEY FARMS FROZEN DRUMSTICKS



Smaller pack sizes that  
are budget friendly. Made  
with Organic chicken with  
no antibiotics, raised on a  
family owned and operated  
farm in Ontario.

**Save \$2<sup>00</sup>** each

## YORKSHIRE VALLEY FARMS FROZEN CHICKEN LEGS



Smaller pack sizes that  
are budget friendly. Or-  
ganic chicken legs, which  
include the thigh and  
drum, are a great choice  
for dark meat lovers.

**Save \$2<sup>00</sup>** each

## YORKSHIRE VALLEY FARMS FROZEN FLATTENED CHICKEN



For those busy nights  
when you want a roast -  
this is a great alternative  
as a flattened chicken will  
cook quicker.  
Selected 1212g

**Save \$6<sup>00</sup>** each

## MARK'S FROZEN PORK SAUSAGES



Made with 100% natural  
ingredients, no fillers or  
preservatives. A tasty  
Gluten Free option.  
Selected 300g

**\$7<sup>97</sup>** each

**ARTISAN** NATURALLY RAISED **LOCAL** ANTIBIOTIC FREE **GRASS FED** CERTIFIED ORGANIC **ARTISAN** NATURALLY RAISED **LOCAL** ANTIBIOTIC FREE



# GROCERY

EVERYTHING FROM A TO Z! WE CARRY EVERY CATEGORY AND DEPARTMENT YOU'LL FIND AT A CONVENTIONAL GROCERY OR HEALTH FOOD STORE.



## DANDIES MARSHMALLOWS

Vegan, Non GMO marshmallows great for snacking, s'mores and roasting over a fire.

Selected 283g

**\$4.97**  
each



## KETTLE CHIPS

Potato chips gently cooked with the finest oils and seasoned with all natural ingredients.

Selected 198g

**3/\$10.00**  
or \$3.47 each



## RJ LICORICE LICORICE

Flour-based sugar confectionery containing licorice extract, made from natural ingredients.

Selected 180g

**\$2.97**  
each



## EMILE NOEL VIRGIN SUNFLOWER OIL

100% Organic, first cold pressing from France. Naturally rich in vitamin E, recognized as a natural antioxidant.

Selected 1L

**\$13.97**  
each



# HELLO I'm New

NEVER BE AFRAID TO TRY SOMETHING NEW. LIFE GETS BORING WHEN YOU STAY WITHIN THE LIMITS OF WHAT YOU ALREADY KNOW. HERE'S YOUR CHANCE TO TRY THIS GREAT PRODUCT!

## SHASHA REXI DOG TREATS

Dog Treats that contain natural ingredients as a Non GMO biological product with no artificial additive, a rich source of fibre, proteins, vitamins and minerals to provide daily balanced requirements.

Selected 550g

**\$7.97**  
each



"NOTHING LIKE  
A GOOD QUOTE."

INSPIRING? YUP!

MOTIVATING? YOU BETCHA!

THEY SAY A WHOLE LOT

IN ONLY A FEW WORDS.

YOU CAN FIND THIS QUOTE AND  
OTHER FAVOURITE QUOTES  
IN-STORE ON OUR QUOTE WALL

It's not about how  
many breaths you  
take, but the mo-  
ments that take your  
breath away



## THIRSTY BUDDHA COCONUT WATER

Made with 100% pure and natural coconut water, no added sugar and never from concentrate.

Selected 490ml

**\$2.47**  
each



## EARTH'S OWN ALMOND OR OAT BEVERAGES

A simple and refreshing way to add vitality to your day.

Selected 3x250ml - 946ml

**Save \$1.00**  
each





## NAKED NATURALS COOKING SAUCES



Sauces that will add exotic flavours to anything you cook, grill or marinade.

Selected 296ml

**\$6<sup>97</sup>**  
each

CERTIFIED ORGANIC

## RAINCOAST SALMON



Salmon rich in natural omega-3 oils and packed in BPA Free cans. Ocean Wise recommended.

Selected 150g - 160g

**Save \$1<sup>00</sup>**  
each

## Featured Recipe Product

"KEEP CALM AND COOK ON" WITH THIS FEATURED RECIPE PRODUCT.

## LE GRAND PESTO'S

Unique pestos made from scratch, using wholesome, pure and unaltered Gluten Free ingredients.

Selected 170g - 200g

**\$5<sup>47</sup>**  
each



YOU CAN FIND THEM NEAR THE DAIRY SECTION

## HAND-PICKED PARTNER

*CaliRolls*

WE LOVE SUSHI!!! We looked far and wide for a Sushi Hand-Picked Partner and found Cali-Rolls. Not only does Cali-Rolls produce fantastic sushi. It's also sustainably sourced and authentically made fresh every day right in our stores. Drop by and see what they are making today!



## CALIROLLS BLACK RICE SALMON AVOCADO TUNA ROLL

Oceanwise-certified tuna, OW salmon wrapped in nori with black rice!

**\$15<sup>97</sup>**  
each

# O.G.'S RECIPES

NEED SOME NEW RECIPE IDEAS? YOU'VE COME TO THE RIGHT PLACE. HERE'S ONE OF OUR FAVOURITE GO-TO RECIPES. THE GOOD NEWS IS SOME OF THE ITEMS YOU NEED TO MAKE IT ARE ON SALE! GIVE IT A TRY, IMPRESS YOUR FRIENDS AND FAMILY. IT'S SERIOUSLY DELICIOUS.

## PESTO CAULIFLOWER HEAD

1 Cauliflower head  
60 mL (1/4 cup) Garden pesto  
250 mL (1 cup) vegan yogurt  
30 mL (2 tbsp.) Olives and jalapenos pesto

30 mL (2 tbsp.) butter, softened  
Herbs and nuts for garnish  
Salt and pepper

Place the oven rack in the middle of the oven. Preheat the oven to 400°F. On a work surface, remove the leaves and cut the base of the cauliflower to make it more stable. Place cauliflower, cut side down, on a baking dish. Coat cauliflower well with garden pesto and melted butter. In a bowl, combine yogurt and the olives and jalapenos pesto. Set aside. Bake for about 40 minutes or until cauliflower is tender to the tip of a knife. Spread a generous layer of yogurt on the bottom of a plate and place the cauliflower on top. Sprinkle it with salt and pepper. Garnish with fine herbs, nuts and an unsweetened yogurt drizzle.

RECIPE FOR SUCCESS:  
GIVE EVERYTHING YOU GOT... REPEAT DAILY!

## FENTIMANS BOTANICAL BREWED BEVERAGES



Brewed for 7 days using a time-honoured botanical brewing process for a simply delicious drink.  
Selected 275ml

**\$1<sup>97</sup>**  
each

## PATIENCE FRUIT & CO JUICES



Top quality juice made in the heart of Quebec.

Selected 946ml

**Save \$2<sup>00</sup>**  
each

CERTIFIED ORGANIC

# ON TAP

**WHAT'S ON TAP? NOT BEER! OUR TAP STATION OFFERS 12 DIFFERENT BEVERAGE OPTIONS. THINGS LIKE KOMBUCHA.**

1. JUST PICK UP ONE OF OUR TAP STATION BOTTLES (THERE IS A ONE TIME CHARGE FOR THIS - AND IT'S YOURS TO KEEP).
2. FILL IT WITH A BEVERAGE OF YOUR CHOICE FROM OUR TAP STATION.
3. PAY FOR IT AND TAKE IT WITH YOU.
4. ONCE IT'S EMPTY, BRING IT BACK TO THE STORE AND REFILL IT. THIS TIME YOU ONLY PAY FOR THE REFILL!



## ON TAP PINEAPPLE LEMONADE KOMBUCHA



Stay hydrated with Pineapple Lemonade kombucha. Just fill, pour, repeat!

**Save \$2.00** each  
On your first 500ml fill + bottle

OR  
**Save \$2.00** each  
On subsequent 500ml refills

CERTIFIED ORGANIC

## HAND-PICKED PARTNER

**RIVAL  
HOUSE**  
ALCOHOL-FREE BEVERAGES

We think it's important to offer our customers alcohol free drink options. Our Hand-Picked Partner Rival House scours the globe for the best alcohol free wines, beers and spirits. Their products are every bit as refined, refreshing and flavourful as their traditional counterparts.

YOU CAN FIND THEM NEAR THE  
GROCERY SECTION

## RIVAL HOUSE AMBER LAGER



Brewed locally in Toronto, and is a medium bodied, malt forward non-alcoholic craft beer. Give dad the gift of FLAVOUR, without the alcohol!

Selected 355ml

**\$1.97** each

# SELECT. BREW. ENJOY. REPEAT.



IN THE MOOD FOR COFFEE? SURE THING, EXPRESS BREW HAS YOU COVERED. IT DISPENSES DIFFERENT SPECIALTY COFFEE AND HOT CHOCOLATE DRINKS. IT'S LIKE HAVING YOUR OWN BARISTA AT THE TOUCH OF A BUTTON!

Available at our Bathurst, Junction and Liberty Village stores only!



## EXPRESS BREW DANDELION MOCHA



A Caffeine Free herbal beverage and the mocha adds another dimension.

**\$2.97** each

# teaBOT™

Create your own custom blend of tea and then brew a fresh cup to go.

TEABOT IS A HIGH-TECH MACHINE THAT ALLOWS YOU TO CREATE YOUR VERY OWN FRESHLY BREWED CUSTOMIZED CUP OF TEA. YOU CAN LITERALLY MAKE THOUSANDS OF BLENDS OF TEA AT THE TOUCH OF A BUTTON!

Available at our Bathurst, Junction and Liberty Village stores only!



## TEA BOT GINGER MINT



A flavour-packed tea, Ginger Mint is refreshingly dry with strong notes of pepper, citrus, and herbs.

**\$0.97** each



# WHAT'S THE STORY...



Introducing JUST Egg, the innovative egg substitute taking the world by storm! Created in 2018 by JUST, Inc's dynamic duo of Josh Tetrick and Josh Balk, JUST Egg is a vegan-friendly alternative made entirely from plants. Thanks to mung beans, it has a similar texture to traditional eggs and is perfect for omelettes, scrambles, and baking. With fewer calories and less saturated fat than eggs, JUST Egg is a great source of protein and the ethical, sustainable choice for health-conscious eaters.

## Featured Product

EVERY PRODUCT HAS A STORY TO TELL AND WE LOVE SHARING THEM. CHECK THIS ONE OUT!



### JUST EGG PLANT-BASED EGG

Packed with clean, sustainable protein, and it scrambles and tastes like eggs.

Selected 340g

**\$5.47**  
each



LOOKING FOR SEASONAL OR HOLIDAY PRODUCTS? YOU CAN FIND EVERYTHING YOU NEED IN ONE PLACE AT ORGANIC GARAGE.

CHECK OUT OUR SEASONAL KIOSKS TO GET ALL YOUR HOLIDAY AND SEASONAL STUFF!

# WE ♥ LOCAL

## WE HAVE LOCAL PRODUCTS IN EVERY AREA OF OUR STORE!

OUR STORES ARE JAM PACKED FULL OF PRODUCTS GROWN AND PREPARED RIGHT HERE IN ONTARIO. WE HAVE SO MANY LOCAL PRODUCTS, WE DON'T HAVE ENOUGH SPACE TO NAME THEM ALL.

CHECK OUT THIS LOCAL PRODUCT: ↓

## LOCAL FEATURE

Nuts to You Nut Butters, established in 1989, is a Canadian, small-town, family-owned, organic, and natural nut butter manufacturer. Originally based in Paris, Ontario, and now located in Brantford, Ontario, Nuts to You produces a wide variety of nut and seed butters with no added salt, sugar, or hydrogenated oil, packaged in glass jars and BPA-Free lids, creating a simple, tasty, plant-based alternative for everyone.



### NUTS TO YOU RAINFORREST NUT BUTTER WITH COCONUT

A blend of dry roasted cashews, brazil nuts and coconut. This is not your typical nut butter!

Selected 365g

**\$8.97**  
each



WE KNOW YOU HAVE QUESTIONS....

YOU ASKED FOR IT... SO WE'RE GIVING IT TO YA...

# WHAT THE %#\$\* is?

## PUMPKIN SEEDS

This versatile seed, also known as pepitas, has long been treasured by aboriginal peoples for its dietary and medicinal properties. Of all the nuts and seed typically consumed as snacks, pumpkin seeds are the leaders of phytosterols – a naturally occurring compound with an established reputation for lowering cholesterol. Pumpkin

seeds are also a good source of phosphorus, Magnesium, zinc and iron.



## GOOD TO GO KETO BARS

A keto-friendly snack in delicious flavours, with at least 13g of Plant Based fat and just a hint of sugar. Vegan.

Selected 40g

**\$1.97**  
each

## CHA'S ORGANIC COCONUT ROLLS

Gluten and Dairy Free, these delightfully crispy wafer rolls are made from pure Organic coconut milk for unparalleled bite-sized indulgence.

Selected 100g

**\$5.47**  
each



WE ARE ALWAYS TRYING TO BETTER OURSELVES THROUGH LEARNING. ALONG THE WAY, WE'VE UNCOVERED SOME FACTS THAT YOU MIGHT FIND HELPFUL! CHECK IT OUT

# FACT



THE BIGGEST PUMPKIN PRODUCERS GROW OVER 10 MILLION TONS A YEAR.

## BUFF BISON JERKY



All natural, high protein, low fat, nutrient dense, flavour rich and 100% Canadian Bison snack sticks.

Selected 125g

**\$9.97**  
each

## OMEGA NUTRITION OIL OR APPLE CIDER VINEGAR



A great addition to your daily routine whether it's cooking, wellness or cosmetic purposes.

Selected 355ml - 946ml

**Save \$2.00**  
each



## The Good, The Bad & The Ugly

AT OTHER GROCERY STORES, CONSUMERS ARE BOMBARDED WITH UNHEALTHY CHOICES THAT HAVE UNHEALTHY CONSEQUENCES. NOT AT ORGANIC GARAGE! WE OFFER HEALTHIER ALTERNATIVES WITH HEALTHIER INGREDIENTS. BOTTOM LINE IS

WE READ LABELS SO YOU DON'T HAVE TO.

CHECK OUT OUR WEBSITE FOR A FULL LIST OF APPROVED AND NON-APPROVED INGREDIENTS:  
[ORGANICGARAGE.COM/DUMP-IT-LIST](http://ORGANICGARAGE.COM/DUMP-IT-LIST)

# THRILL OF THE FIND

FINDING A GREAT PRODUCT AT AN UNBELIEVABLE PRICE IS A REAL THRILL. AT ORGANIC GARAGE, WE HAVE TONS OF GREAT PRODUCTS AT GREAT PRICES. BUT YOU WON'T FIND A BETTER DEAL THAN OUR THRILL OF THE FIND! THIS DEAL IS SO GOOD, YOU'LL FEEL LIKE YOU STOLE IT! IT'S HIGHWAY ROBBERY :) YOU BETTER ACT FAST THOUGH, THESE DEALS FLY OFF THE SHELVES AND ONCE THEY'RE GONE, THEY'RE GONE FOR GOOD!

CHECK OUT THIS AMAZING DEAL ↓

OVER **65% OFF**



## LET'S DO ORGANIC ICE CREAM CONES CAKE STYLE

Made with Organic wheat flour and sweetened with Organic cane sugar. Great to pair with your favourite ice cream.

Selected 36g

**\$1.97** each



↓ HERE'S SOME MORE WAYS WE ARE HELPING YOU SAVE THOSE HARD EARNED \$\$ ↓

# WAYS TO SAVE AT OG

## IN-STORE SPECIAL

A NON-ADVERTISED LIMITED TIME OFFER.

## SHORT DATED

A REDUCED PRICE ON PRODUCTS CLOSE TO THEIR BEST BEFORE DATE.

## MANUFACTURER'S CLEARANCE

A REDUCED PRICE ON PRODUCTS BEING CLEARED FROM A MANUFACTURER'S INVENTORY.



# FROZEN



OUR FREEZERS ARE CHALK FULL OF UNIQUE BRANDS AND PRODUCTS. EVERYTHING FROM DINNER ENTREES TO BREAKFAST SOLUTIONS AND APPETIZERS. IT'S ALL HERE AND IT'S ALL AT UNBELIEVABLE PRICES!

## FOOD FOR LIFE EZEKIEL BREADS



Delicious and nutritious bread made from freshly sprouted Organically grown live grains.

Selected 680g

**Save \$1.00** each

## FIELD ROAST PLANT-BASED SAUSAGES



Small batches using traditional sausage making techniques!

Selected 368g

**\$6.97** each

## RIGHTEOUS GELATO

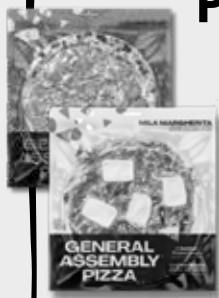


Hand crafted, small batch gelato and sorbet in a variety of unique flavours, made by a proudly Canadian company.

Selected 562ml

**\$8.47** each

## GENERAL ASSEMBLY PIZZA



100% naturally leavened pizzas, raising the bar on frozen pizzas by using real food that tastes better.

Selected 321g - 360g

**\$7.97** each



FOOD LABELS SHOULD INFORM, NOT CONFESS

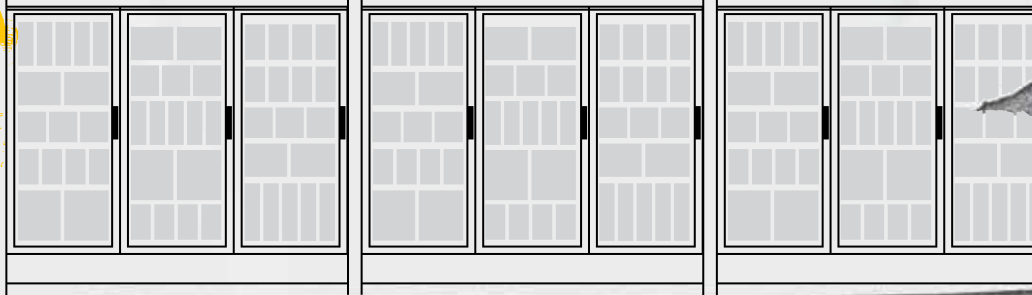
we sell only good \$#!@%

SKIP THE DIET, JUST EAT HEALTHY  
SKIP THE DIET, JUST EAT HEALTHY  
SKIP THE DIET, JUST EAT HEALTHY  
SKIP THE DIET, JUST EAT HEALTHY

EAT TO LIVE, DON'T LIVE TO EAT



HEALTHIER FOOD FOR LESS!







# KITCHEN ORIGINALS®

*Eat like a chef for less!*

## HERE'S TO THE ORIGINALS,

the ones who think differently, act differently and use their hard-earned money to buy differently. The ones who thought chickpeas aren't just something you throw in a salad but something you grind into flour and bake with! The ones who said rice isn't just a side dish but a protein powder, pasta, chip, and cracker all rolled into one. Being an Original is not about your income or status, it's not about your education level or fancy possessions. It's about people who challenge convention. The ones who when asked "Why?", simply reply with "why not!" The kitchen is a true equalizer, a place where anyone can become a creative genius no matter income level or experience. **THAT'S WHY WE BELIEVE IN ORIGINALS...**

**KITCHEN ORIGINALS®**

## KITCHEN ORIGINALS KETCHUP



Our original ketchup made with high quality Organic ingredients, with no artificial colours, flavours of preservatives. Selected 575ml

**\$4<sup>47</sup>**  
each



Check out  
these originals!! →

## KITCHEN ORIGINALS RICE CAKES



These Organic rice cakes fit nicely into your diet, making a great low-calorie snack.

Selected 150g

**\$2<sup>97</sup>**  
each



**HELLO**  
my name is

**Kitchen  
Originals**

I'm an original



THE LOWDOWN ON ↘

# VITAMINS+ SUPPLEMENTS

OMEGA 3, CALCIUM, VITAMIN A, C, D... WHAT SHOULD YOU TAKE? TO BE HONEST, WE DON'T KNOW, WE AREN'T THE EXPERTS! TALK TO YOUR DOCTOR, DIETITIAN OR NATUROPATH. GET SOME ADVICE AND WHEN YOU'RE READY, WE HAVE A HUGE SELECTION SO WE'RE PRETTY SURE WE'LL HAVE WHAT YOU'RE LOOKING FOR! WE WANT TO HELP MAKE YOU... THE BEST YOU... YOU CAN BE!

## AOR SUPPLEMENTS



Transform scientific research into evidence-based, natural health products that empower people to lead their best lives.

Selected 30ct - 240ct

**20% OFF**  
each

## SUNWARRIOR PROTEINS OR GREENS



The simple power of raw whole-grain brown rice, to create a gentle protein that still stacks up to the competition.

Selected 175g - 750g

**25% OFF**  
each

**WE ARE NOT**

**VITAMIN  
EXPERTS**

But we are...  
honest

**SUPPLEMENT  
EXPERTS**

But we are...  
straightforward

**DOCTORS, DIETITIANS  
OR NATUROPATHS**

But we are... a bit different :)

**PUSHY  
SALESPEOPLE**

But we  
are... friendly

## ALAFFIA BODYWASH, SHAMPOO OR CONDITIONER



Body washes and lotions from a company committed to Fair Trade prices, working conditions and the environment.

Selected 950ml

**\$14.97**  
each

## GREEN BEAVER SUNSCREEN



Broad spectrum sunscreen for some natural, chemical-free protection without the sticky residue. Vegan.

Selected 90ml

**20% OFF**  
each

THE WORD ON ↘

# H.A.B.A.

HEALTH AND BEAUTY AIDS :)

WE CARRY A LOT OF DIFFERENT HEALTH AND BEAUTY PRODUCTS, LIKE HAIRCARE, SOAP, BODY WASH, BODY LOTION, FACE CARE, ORAL HYGIENE, ETC, ETC.. THE BEAUTY OF IT IS (PUN INTENDED), ALL OF THEM HAVE BEEN CHECKED BY US TO MAKE SURE THEY DON'T CONTAIN ANY OF THOSE NASTY INGREDIENTS YOU FIND IN PRODUCTS YOU BUY AT OTHER STORES.

IT'S BETTER TO LOOK GOOD AND TO FEEL GOOD!

# IN A WORLD FULL OF CHOICES, THANKS FOR MAKING US YOURS!

WE KNOW YOU CAN SHOP ANYWHERE YOU WANT. THAT'S WHY WE REALLY APPRECIATE YOU CHOOSING US. WE'LL NEVER TAKE THAT FOR GRANTED AND WE'LL CONTINUE TO DO EVERYTHING WE CAN TO EARN YOUR BUSINESS. HOW? BY ALWAYS DELIVERING TREMENDOUS VALUE. NOT JUST WITH GREAT PRICES, BUT BY CREATING A FUN AND ENGAGING SHOPPING EXPERIENCE. THIS MEANS YOU CAN COUNT ON US TO DO WHATEVER IT TAKES TO MAKE YOUR SHOPPING TRIP WITH US THE BEST IT CAN BE.

## FIND AN ORGANIC GARAGE NEAR YOU:

### JUNCTION

43 Junction Road, Toronto, ON M6N 1B5

### LIBERTY VILLAGE

42 Hanna Avenue, Toronto, ON M6K 1X1

### THORNHILL

8020 Bathurst Street, Thornhill, ON L4J 0B8

### OAKVILLE

579 Kerr Street, Oakville, ON L6K 3E1

## FOR QUESTIONS OR COMMENTS

PLEASE E-MAIL US AT:

[CUSTOMERSERVICE@ORGANICGARAGE.COM](mailto:CUSTOMERSERVICE@ORGANICGARAGE.COM)

OR GIVE US A SHOUT AT:



## CAN'T COME TO US? WE'LL COME TO YOU.

IF YOU CAN'T VISIT ONE OF OUR GREAT STORES, YOU CAN STILL GET HEALTHY FOOD FOR LESS DELIVERED WITH:



**instacart**

FOR MORE DETAILS AND TO SIGN UP  
VISIT OUR WEBSITE [ORGANICGARAGE.COM](http://ORGANICGARAGE.COM)

## METHODS OF PAYMENT WE ACCEPT:

**VISA**



**AMERICAN  
EXPRESS**



or... good  
old hard  
\$\$\$

GIFT CARDS AVAILABLE - NO RAIN CHECKS UNFLYER SPECIALS ARE WHILE SUPPLIES LAST WE RESERVE THE RIGHT TO LIMIT QUANTITIES THE INFORMATION IN THE ELECTRONIC VERSION OF THE UNFLYER SUPERSEDES PREVIOUS OR PRINTED VERSIONS



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